

# SUNTREE HYPERBARIC CENTER, LLC

## PATIENT CHECKLIST

### Hyperbaric Oxygen Therapy (HBOT) Checklist

HBOT has been reported to have beneficial etc. for a wide range of conditions without negative side effects. Nevertheless, you should be aware of areas of concern. Please read the following information carefully before doing any treatments.

1. Otic Barotrauma (injury to the eardrum), Ear Pressure ☐ Yes ☐ N

(Patient can be taught to equalize pressure in the ears to reduce pain. If unable to equalize the ear pressure, treatment will be terminated)

2. Colds, Flu, Sinus and/or Throat Congestion, Coughing, Virus Infection, etc. ☐ Yes ☐ N

(Consider rescheduling treatment. Lungs, throat and nose must be clear before treatment. If problems arise during treatment, please communicate with staff to terminate session.)

3. Pneumothorax (collapsed lung), Pneumo-mediastinum (fluid in lungs) ☐ Yes ☐ N

(Medical doctor's written clearance needed)

4. Pneumonia, Emphysema and/or any other air-trapped illness evidenced by an air ☐ Yes ☐ N  
bronchogram

(Medical doctor's written clearance needed that lungs are clear before treatment)

5. Drug Abuse or other Intoxications such as Alcohol, Smoking, etc.) ☐ Yes ☐ N

(Medical doctor's written clearance needed)

☐ Yes ☐ N  
6. Compressive Brain Lesions such as Subdural Hematoma or Intercranial Hematoma

(Medical doctor's written clearance needed)

7. Diabetes with tendency toward Hypoglycemia ☐ Yes ☐ N

(Eat 2 hours before treatment. Take blood sugar level prior to treatment to avoid low blood sugar)

8. Claustrophobia ☐ Yes ☐ N

(Pressure & time will be increased slowly. May require a tender in the chamber)

9. Behavior Disorder ☐ Yes ☐ N

(Patient may require a tender in the chamber)

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10. Pregnancy ☐ Yes ☐ N

Not allowed during First Trimester,

(For remainder of pregnancy, must have medical doctor's written clearance)

11. Pulmonary Hyper expansion ☐ Yes ☐ N

Do Not Hold Your Breath during Decompression

(This condition is very rare during treatments in the chamber)

12. Sensitivity to Chemicals (MCS), Odors, Allergy ☐ Yes ☐ N

(Avoid wearing heavy perfumes or colognes, as smells may linger & have adverse effects, or others)

Hyperbaric Therapy may assist the body to naturally detoxify and balance digestive flora. An individual may experience some discomfort from this process after treatment.

Symptoms include: loss of appetite, stomachache, constipation, diarrhea, headache, flu-like symptoms, behavioral issues, etc.

Although unpleasant, this is a natural process, and continuing treatments may be of benefit to more rapidly accomplish a positive result. However, if the symptoms persist, please consult Dr. Hardoon Office to evaluate and alleviate the situation before attempting another visit.

Also, if you answered "YES" to any of the above questions, please consult Dr. Hardoon Office.

**Please be advised that if any discomfort occurs while in the hyperbaric chamber, the patient must call for staff to come and terminate the treatment session.**

The patient may be advised to consult their own medical physician to evaluate the situation before attempting another visit.

### **Hold Harmless Acknowledgement for Suntree Hyperbaric Center, LLC**

By signing below, I acknowledge that I am voluntarily participating in hyperbaric oxygen therapy and related services provided by Suntree Hyperbaric Center, LLC. I understand and agree that Suntree Hyperbaric Center, LLC, its physicians, medical technicians, employees, and executive management (collectively referred to as "the Center") shall not be held liable for any injuries, damages, losses, or adverse effects that may occur as a result of my participation in these services.

I acknowledge that I have been informed of the potential risks and benefits of hyperbaric oxygen therapy and have had the opportunity to ask questions and have answered these health questions to the best of my knowledge.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(patient / parent or guardian for minor)